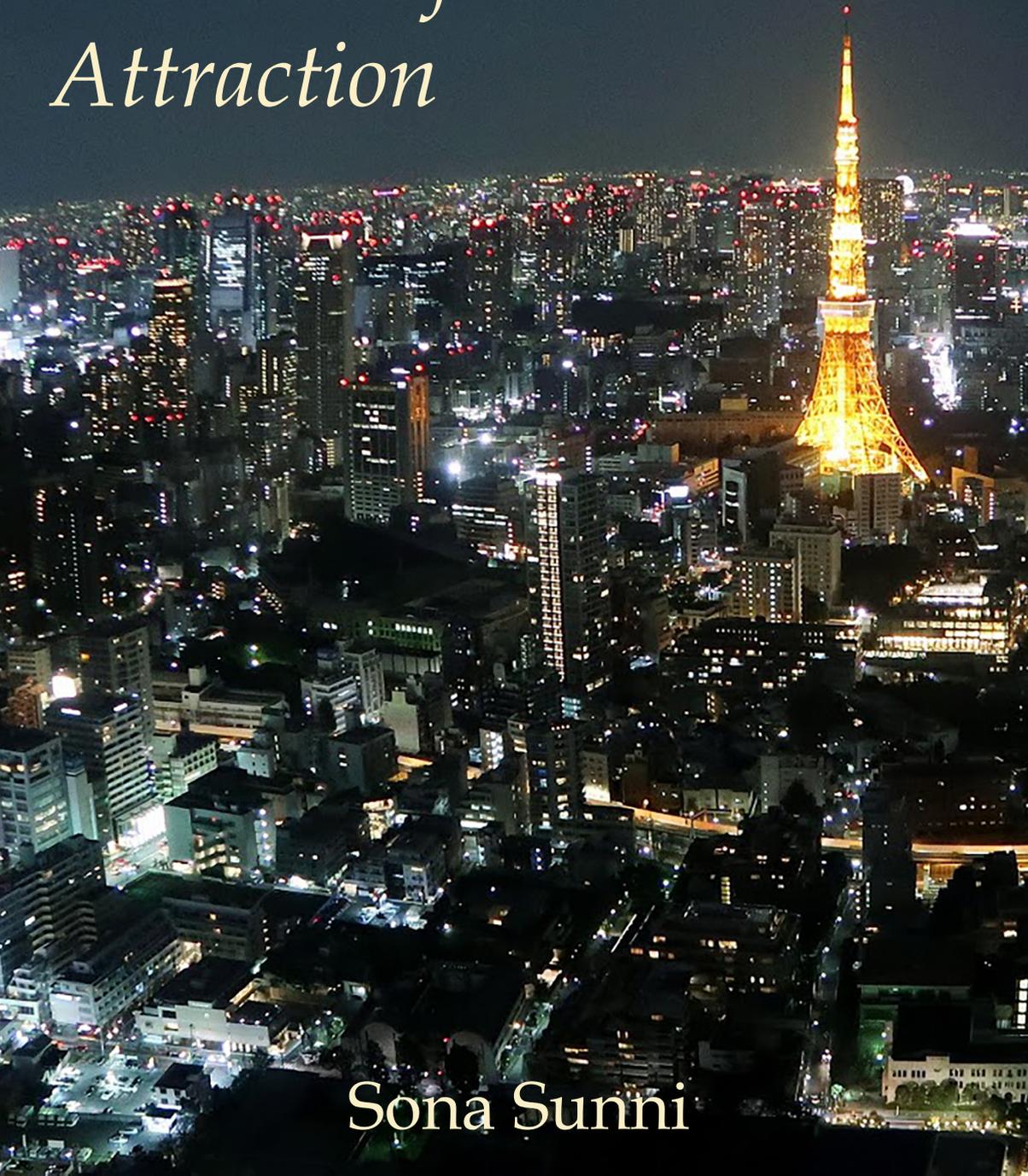


*How To  
Understand  
The Law of  
Attraction*



Sona Sunni

**HOW TO  
UNDERSTAND  
THE  
LAW OF  
ATTRACTION!**

**Sona Sunni**

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There are so many people who have directly and indirectly contributed to this book throughout my life. I would like to say a big thank you for all of you who have contributed in any way in inspiring me to take the courage to write this book.

My dearest Madame, you are my mother and I love you so much, since you left this world, my goal is to help as many people as you have impacted in your lifetime. Thank you for being my rock, my cheerleader and my biggest support while you were here. To my son, I love you and thank you for choosing me to be your mom!

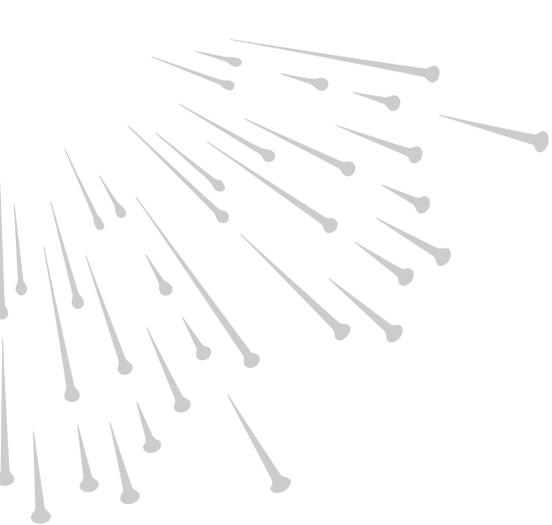
Happy Manifesting with the Law of Attraction!

Love,

Sona

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## INTRODUCTION

**I**M SONA SUNNI, manifestation mindset coach and wealth specialist. People ask me all the time that after all I've been through in my life, why are you not dead? And you are still smiling. Believe me, I wasn't always this happy. I grew up very poor, my was a young single mom. I remember being an only child with my mom sleeping in the bed with her in this tiny one-bedroom apartment. It didn't matter because I was happy just to be with her, of course she was my mom, until she started dating this man that was in out of jail.

He scared me, he was the ultimate evil, but she didn't see that. Next thing you know I'm inside a prison as six-year-old on Easter Sunday, while she is visiting him there, for the life of me, why was I there? I still have no clue to this day. When she stopped being my mom is when she married him. He would tell her to beat me because I would roll my eyes at him. He would verbally abuse me all the time and she did too. Now I'm just a kid, why would people do that to a kid, well they just do. When I was nine years old, my biological mom had a baby girl, she took care of her and gave her attention all the time, but when she went back to work, after I got home from school, it was my job to take care of a baby, while this husband of hers would sell drugs out the back door because we could get out

the front door. Then two years later a little baby boy was born, guess what my job was to raise him too at the age of twelve. My childhood was stolen from me, I was abused constantly by these two people who considered themselves as my parents. By the age of sixteen, I'm going to school, no friends and raising babies that weren't my own. When I said something about it, I would get beaten. If I raised my voice, I would get beaten. I got beaten so much that I was immune to it. So, she would mental and emotionally abuse me to get through to me. She would force me to go to church, where the pastor will tell her that they need to exorcise the demons out of me. I hated church, because I would be the one getting children ready. At the age of sixteen I decided I was going to fight back, so my stepfather did is usually drug induced abuses to me and I went off, he threw me out of the house and he called her home to come and beat me, she beat with an extension cord while I was in the shower, this continued various days until something clicked in her head.

One day, I'm not sure what happen, she was tired of being sick and tired and she decided to lose weight. She lost 80 pounds and this husband of hers got jealous and one night she got home from a work event, he started yelling at her and started to beat her with a pistol. I jumped in he started fighting me. I pushed him off me and ran. He ripped my shirt while I was running to call 911, when I got to the phone, he had a gun pointed to my naked chest. He hit me with that metal phone on the side of my head. The next day I went to school with my face black and blue. The school called my biological mom and told her that they were going to put me in a foster home. But she begged them not to. When I got home, he abused verbally as usual, but this time, something happened, I had a shot gun pointed to his head while he was sleeping, my intention was to kill him, but I didn't. We finally left but things got a bit better, but still went through a lot.

So, let's fast forward a bit to when I left home at nineteen. I was engaged when I left home for Dallas, Texas. I had a home, a brand-new car and a great job that I loved, but here was the kicker, my mother in law got jealous of everything her son did for me and I wasn't even his wife yet. We got married and when we did, It was bliss for the first 8 months and shit started to get rough, he would get in trouble at work and he would take it out on me. Here we go again, abuse. Things would get good and then bad. It got to a point where, I left him for 6 months and during that time, I tried to commit suicide. But we finally worked it out until after we

had our son. This is when I realized, I was a people pleaser. I was so busy trying to make everyone happy and like me that, I didn't give a damn about myself, this is when I realized, "what about me?" So, I left him. I had never been on my own and I was thirty years old when this happened. I was a single mom, I had to learn how to take care of my family on my own. I did it, I'm still here aren't I?

When I finally filed my papers for divorce, I had a serious automobile accident, I was in esthetics school at the time and this is where I met my real mother, Madame, she meant the world to me and taught me to speak, business, and how to do a bad ass facial.

One night, I was driving from across town and I had stuff in my car from shopping for my new apartment. I got caught in a speed race between two Monte Carlo's. I lost control of my car and flipped it 4 times as I was told. As I was going into the flip of the car, my words were "Thank you!". I don't understand what prompted me to say thank you. I said in repetition many times until I blacked out.

I woke up in the middle of I-20 with a woman praying over me. I suffer two black eyes, airbag burns to the face, a broken hand, fingers lacerated to the bone, elbow lacerated to the bone, hair cut from glass, glass in my scalp, my wrist contained glass. My mother was at the hospital as soon as she heard, and she watched over me as I slept. My biological mom took two weeks to come see me. So, who is the real mother? Not the one by blood. She really didn't want to come. Two days after I get out of the hospital, my soon to be ex-husband takes me to divorce court. Can you believe it? Yes, I can. This man was a user, he could live alone, let alone protect someone. He needed a mom not a wife and he is on his third one.

After the divorce life was good for a while, I was dating, I had a great job, a business that I loved and was successful. I learn a lot about myself until my son got very ill to the point where he was dying. We could not figure out what was wrong. Then it was discovered that he had Crohn's disease, and there is no cure. He didn't respond to treatment in Atlanta, so I had 1,800 to my name, put my stuff on a moving truck and drove to Los Angeles, to a doctor who can save my son. I drove my car across country with my son and that was the scariest shit of my life, more that flipping the car. Moving to Los Angeles was a shock to the system. People weren't so friendly, we bounced around from hotel to roommate situation until I finally was able to afford my own apartment. Business was good

at the time, and life seemed to balance out, until my son got sick again, we ended up losing our place, I had to close my business and ended up homeless. I couldn't afford to keep our things in storage. I lost all our stuff in the storage unit. Then, I lost my car, it was being towed while I was sleep in it.

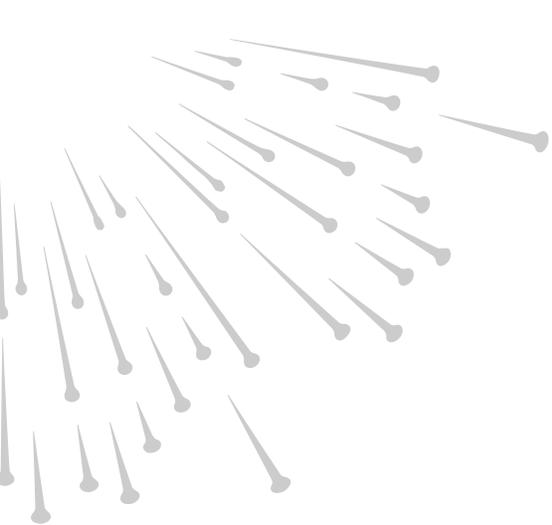
We ended up in the homeless shelter system, it was horrible. People treat the homeless inhumanly. But I learned to be resourceful. We were homeless for a year in a half. We found a tiny apartment down the street from my son's school. I got a new car, my job was ok, but we were rebuilding. Then a year later, I was out of work, couldn't afford the rent, but the landlord wouldn't fix anything. As soon as I got another job, we moved into this beautiful apartment. I gotten management job that paid the bills and eight months later, I lost the job and we got evicted from the apartment.

I ended up staying on a friend couch for about 3 months and during the holidays I got a call for a short-term contract job in San Diego. I jumped on it, because I hated Los Angeles and all its experiences. When we arrived in San Diego, it was nice, but it still felt a little like Los Angeles. When the job ended, we drove to Orange County. It felt different, so I took up contract work in the area while trying to figure out where we are going to live. We stayed in Airbnb's for about four months until my money ran low. I manifested a luxury apartment in Irvine without putting any money down. I obtained my real estate license and got my real estate fees and OCAR membership paid with no money out of pocket. Work was not steady, but money was flowing like water. Then college came for my son and I had to come up with forty-four thousand dollars for his tuition and I manifested that year after year. I lived all my life in fight or flight mode until about 4 years ago. Did you see the patterns? I broke the cycle! Now I have a successful real estate, and coaching business.

Which leads me into this conversation with you regarding the law of attraction. Law of Attraction is the talent to consciously attract into our lives whatever we are focusing on. It is believed that irrespective of age, nationality, or religious conviction, we are susceptible to the laws which the Universe, including the law of attraction. It is this law, which uses the intensity of emotion to decipher whatever is in our thoughts and emerge them into the actual world. In essential terms, all thoughts transform into things in the long run. If you focus

on negative fate and melancholy, you will stay under that haze. If you concentrate on positive thoughts and have objectives that you intend to accomplish, you will figure out how to achieve them with inspired action.

This is the reason the universe is such an infinitely beautiful place. LOA directs that whatever can be envisioned and held in the mind's eye is feasible if you make a move on a strategy to get to where you need to be.

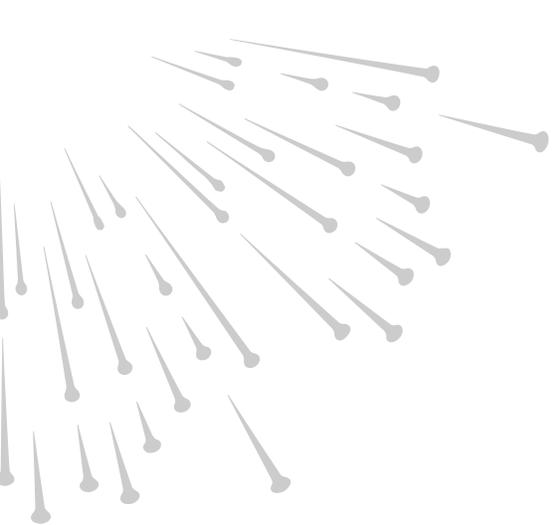


## WHAT IS THE LAW OF ATTRACTION?

**T**HE LOA IS ONE of life's greatest mysteries. Not many individuals are completely mindful of the number of effects the LOA has on their everyday life. Regardless of whether we are doing it purposely or unconsciously, each second of every thought of our reality, we are acting as human magnets airing our thoughts and feelings and pulling in back a more significant amount of what we have put out.

Tragically, so many of us still oblivious to the potential that is bolted deep inside us. Thus, it is straightforward to leave your thoughts and feelings unchecked. This broadcast the off-base thoughts and draws in progressively undesirable feelings and occasions into your life.

Having said this, finding that everything eating away inside your life should be an extraordinary reason for change! When the intensity of attraction has been comprehended by you, it is never again a mystery. Also, you have figured out how to adequately apply these to your regular day to day life; your whole future is yours to make.



# THE HISTORY OF THE LAW OF ATTRACTION

**B**EFORE YOU START TO embark on the mind-blowing journey towards genuine enlightenment in the LOA, it is significant that you understand that you can apply it to your life, and it tends to be effective if the right techniques are utilized. The practices and convictions in this law have been igniting the lives of incredible people throughout history.

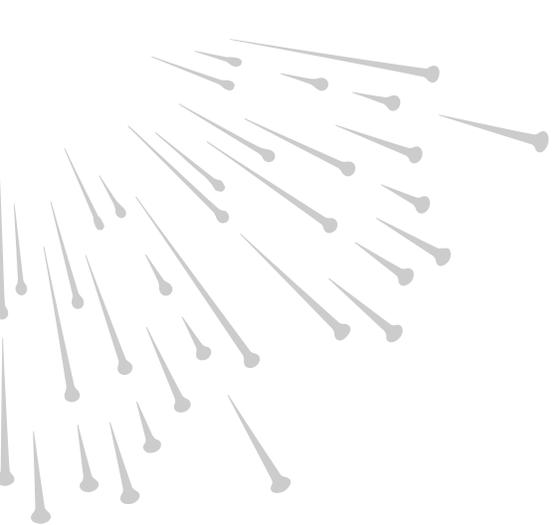
Many years ago, the LOA was first thought to have been instructed to man by the immortal Buddha. It is considered he needed it to be realized that ‘what you have progressed toward becoming is the thing that you have thought.’ This is an opinion that is profoundly intrinsic in the Law of Attraction.

With the dispersion of this idea to western culture also added up the term ‘Karma,’ it is a belief that is well known all through the various societies.

Throughout the hundreds of years, it has been a typical concept amongst many that what you offer out to the world (be it anger or bliss, hate or love) is what can come back to your own life at last.

This easy and simple to pursue idea has been so well known among many for a tremendous number of years. It expresses that the concept of the power of attraction isn't new at all. It is already known many of us in various ways.

The fundamental principles of the Law of Attraction can also be found in the teachings of civilizations and religious groups. An example in the Proverbs 23:7, it states 'As a man thinketh in his heart so is he.' Evidence of praise for the Laws of Attraction can be revealed all through the ages; all recorded and instructed in various ways, yet there for all of humankind to explore.



## IS THE LAW OF ATTRACTION REAL?

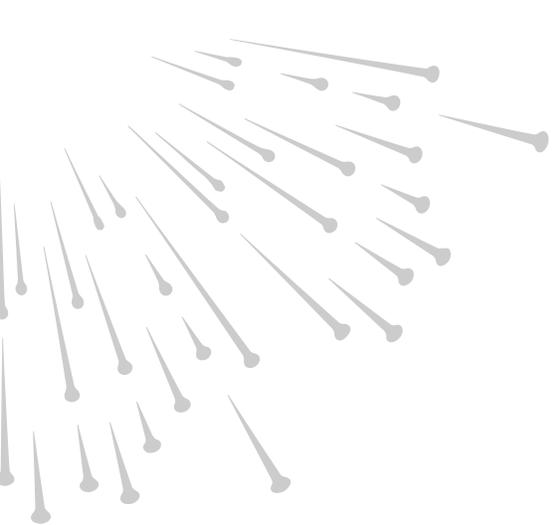
**A**S I WROTE IN previous pages, The LOA and its values have been seen since the beginning. What's more, a lot of women and men who have left their mark on this world have presented the LOA to be one of the best powers on earth; with some well-cherished artists, scientists, researchers and extraordinary scholars, for example, Shakespeare, Blake, Emerson, Newton and Beethoven all passing on this message through their splendid works.

There have been numerous advanced supporters of the LOA also. These include Oprah Winfrey, Jim Carrey, and Denzel Washington. Also, with over 5.8 MILLION Facebook fans, there are a lot of examples of success stories encompassing the LOA.

The most challenging portion of recognizing and tolerating the reality of what the LOA brings to the table is going to the acknowledgment that every one of your choices throughout everyday life, great and terrible, have been formed by only you. For some, this can be an unpleasant pill to swallow, particularly if

you feel that you or your friends and family have been given some especially hard blows throughout everyday life.

Nevertheless, when you have genuinely come to comprehend the actual key behind of the Law of Attraction you can be renewed with expectation and courage in the mind-boggling knowledge that you are allowed to take responsibility for your life and free yourself everlastingly from the cycle of dread, stress or pessimism which has kept you down for a really long time.



## THE SCIENCE BEHIND THE LAW OF ATTRACTION: FACT, NOT FICTION

**T**HE WORK DONE BY quantum physicists during current years has assisted in shining incredible light on the tremendous effect that the intensity of the mind has on our lives and the universe as a rule. The more that this thought is investigated by researchers and masterminds alike, the more noteworthy an understanding we have on exactly how huge a job the mind plays in forming our lives and our general surroundings.

It doesn't make a difference if you never come to have a complete understanding of the quantum physics behind the LOA, this does not imply that we can't appreciate the numerous benefits that this liberal and law can offer us.

As physicists come to supply us with increasingly more data regarding the law, the more we can rejoice in the genuinely liberating and empowering acknowledgment that we are the makers and controllers of our life and the vitality we are made of.

Be grateful, for the universe is always on our side! The additional time you devote to figuring out how to utilize the LOA viably, even more satisfying and

compensating your life can be. There are no confinements! Open your mind and appreciate the natural abundance of the Universe.

The LOA is also named as Law of Attraction; I'm here sharing two fundamental secrets with you so that you can start experiencing the magical results of implementing the law of attraction in your lives.

### **1. A BREAKTHROUGH OF THE ARENA OF YOUR DREAMS**

If I could suggest one thing to you today that I know can dramatically change your future is exploring your field of dreams. Feel it as you are living in a potential field of dream which is just like a room around you and the room is brightened by the strongest feelings you carry. Granted at different times, that “dominant” feeling can be fear, sadness or loneliness. This thing vents the law of attraction in your life in a flash. People act like magnets with their potential energy fields, but most of the times their magnets are pointed in the wrong direction. You produce the magnetic field for the things you wish, in advance. We call it “going first,” the universe enchants playing this game with you. Rather than trying to force things to modify, you just create an energy space in which the changes you are wishing are compelled to come out.

For example, if you wish more money coming into your bank account, you want a healthier life, blissful energy or to feel the caring embrace of a partner then think about how would you feel if that happens. What will it be like when your dreams come true? What will it change in you? Produce those emotions, feelings, and energy now. Be sure enough; the demanded abundance will shortly begin to originate and show itself just as the sun rises in the morning and just as green shoots come out in springtime.

Can this happen for you? Yes, of course! Only doubting you can have the life you want is another scenario of going first. The universe follows cases with more “doubt energy.” A huge number of people devolve into this trap. They sadly make life very complicated and hard for them. By “going first” with hope, gratitude, and positivity, you force the universe to commence manifesting your dreams. I can add up this concept in 3 words “arena of dreams.”

## **IS IT YOUR CALL TO EVIDENCE YOUR ARENA OF DREAMS?**

But you could simply as easily create a field of wealth, happiness, true love, and wonderful health. Anything you pick to ask of the universe is endlessly more probable to come out in the correct magnetic field. This is a fact based on research as powerful as gravity. Try this for yourself. It is very easy. All you are doing is creating an energy space for the universe to deliver the corresponding things.

What I can say is that if you are individually struggling right now, you are living in the wrong energy space. And it is effortless to shift this than you can even think. You just need to practice pointing your magnet in the correct direction. You'll get the hang of it very soon. As you become an expert at the technique, the universe will start sending more and more of what you wish for into your life.

## **2. THE MAGICAL 1% RULE**

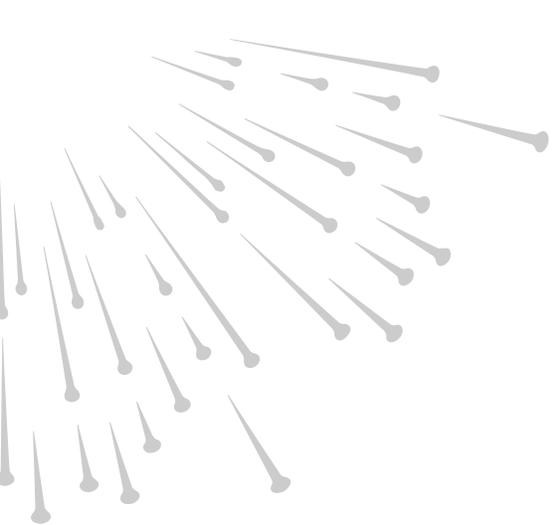
Assume that if there was one small thing you could do every day, which would change your manifestation outcomes at once. Something that would change your career, your love life or relationships, your self-belief and emotional strength, your finance, or your confidence abundance. Let me share the secret here with you. I have witnessed this magic 1% rule working for people searching for a real personal breakthrough.

I asked a group; what will you choose between a million dollars in your hand right away or a single penny? If you choose the penny, I'll double it every next day for 31 days." You just have 3 seconds to answer; otherwise, the offer will disappear. Many of us will take the safe million. Our intuition says it's the perfect answer, but the fact is, if you take 1 penny and then in 31 days you will have a suitcase with \$10.7 million.

This is a fantastic example of what happens when you expel scarcity from your mind. Rather you embrace the principle of the unlimited potential and abundant thinking. You must commit a 1% positive mindset shift every day; what happens is that you will almost specifically move in the opposite direction. It's a famous law of physics. Things never remain the same; we always grow in one direction or the opposite.

Tell me truly, could you commit to amending some prospects of your life by 1% every day? Even 1% more connectivity of you to yourself? If so, I guarantee you that your life will be 70,000 times better than now within a year. You can use this magic formula for anything; health, finance, relationships, business, even your career. Even if you shift from one to the other, it's perfectly fine. The universe doesn't bother.

So, if you invest in yourself, you improve some aspects of your inner and outer life daily by 1%, you'll experience the results faster than you'd expect possible.



# LAW OF ATTRACTION – THE ULTIMATE GUIDE TO HAPPINESS AND SUCCESS!

**L**AW OF ATTRACTION SAYS you get what you put out in the world, be it positivity or negativity.

This law was derived from the teachings of Buddha, who earned spirituality and inner peace after meditating for 49 days under the Bodhi tree.

According to Buddha:

“All that we are is a result of what we have thought.”

His teachings were in harmony with laws of nature; you will never find the law of attraction contradicting with nature.

Justin Timberlake’s famous song “what goes around comes around” is also a depiction of the law of attraction. No matter what deeds are on your credit, you will have to pay for them. One way or the other, karma will hit back.

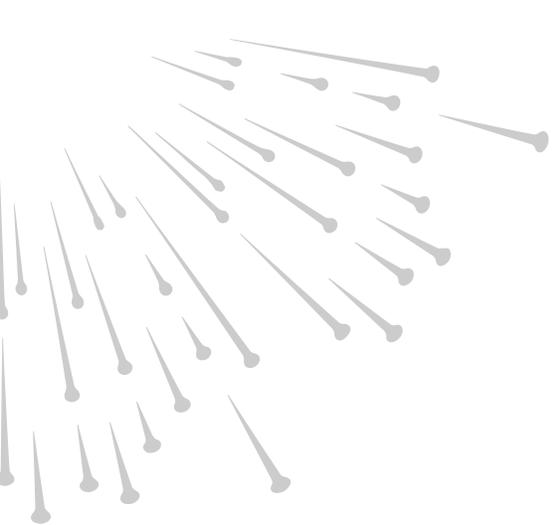
If we start having a firm belief in this law, most of the negativity will vanish from this world. Although the people who have had bitter life experiences argue that how could we have avoided this mishap? Or how am I the reason for my troubles? But remember, just like karma, there is a law of attraction. If you do a negative thing, it comes back to you in a more bitter way. Similarly, if you think negative and are hopeless all the time, the good stuff will vanish soon.

Winston Churchill said:

“You can create your own universe as you go along.”

It is always hard to believe that we can turn our dreams into reality and avoid the problems coming our way. Our minds have become so sealed that we do not think out-of-the-box. We do our duties half-heartedly and then whine that nothing is changing in our lives. But little do we know that there is a lot more we can achieve through the law of attraction.

If we focus on positivity, happiness, optimism, and stay away from all the draining thoughts, our potential to hit big milestones in life increases rapidly.



## HOW TO USE THE LAW OF ATTRACTION?

**O**NCE YOU START BELIEVING that the universe is a higher power who has control over your life, the next stage is to utilize this in your favor. Remember one thing, the universe does not respond to whichever thought comes to our mind, it replies to those we put our energy and focus in.

Have you ever wondered why yoga requires you to be silent and still? This is because once we are quiet and undisturbed, we focus on one goal. Eventually, the results are the peace of mind, sound body, and controlled body vitals.

Remember that Ralph Waldo Emerson says:

“Once you make a decision, the universe conspires to make it happen.”

So, decide now!

Here are the ways to use the law of attraction to gain what you want:

### **1. BELIEVE**

First and foremost, you need to have a firm belief that the law of attraction is always at work. Either you are sleeping or writing, the law is always functional.

Most people do not believe in this law and just start practicing out of curiosity; do not do that. Entrust the universe; it will reward you back. Once your heart and mind agree to the power the law of attraction holds, you'll get a hold on your life.

As Dr. Martin Luther King Jr. says:

“Take the first step in faith. You don't have to see the whole staircase. Just take the first step.”

Controlling life's happenings is everybody's dream. Our limited mindset compels us to think that we cannot change the things happening with us, but we can. The universe gives us what we ask from it, and for that, have a firm belief in the law of attraction.

## **2. ASK AND YOU SHALL RECEIVE**

The unshaken belief is achieved, now is the time to put forward our demands. This planet works on a set pattern; if we imagine evil, we get bad and vice versa. So, when you expect something, expect it with full authority.

Be clear in your demands. Let's say your dream is to lose weight within one month. Now, if you start the weight-loss jargon with dwindling belief and keep on switching exercises to attain the results faster, you are wrong.

According to W. Clement stone:

“Whatever the mind can conceive it can achieve.”

Believe in the law of attraction, set an exercise routine, and stick with it having full faith. Keep imagining that your body will soon become shaped with this exercise i.e., yoga, and see the results coming your way. Show the universe that you need to lose the extra kilos. Having authority when you ask for a thing increases the chances of success. So, be firm in your belief and think positive. You will achieve your goal with full zest.

## **3. BECOME GRATEFUL**

Next stage of applying this law of attraction is to become thankful for the things you have in your life. No worries if you don't have a big house, be grateful for the one you live in. Always dream big but never belittle your real blessings. Working

on your new plans will become easier once you start acknowledging the milestones you have already achieved.

As Helen Keller said:

“When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one which has been opened for us.”

For example, if you are a student struggling to get a foreign scholarship, be happy that you have come this far from point zero. Some people lose their way in-between and never get-back-on-track. If you are struggling, you are doing great. Just hold a little longer, and your positive attitude will let you through the mired.

#### **4. PREPARE YOURSELF**

Changing ourselves according to the dream/mission is something we don't do easily. We want to lose weight, but we don't alter our food chart. We want to score higher, but we spend most of the time in front of a video game. The reason behind this slacking attitude is our disbelief. We start working half-heartedly, but in the back of mind, we think this isn't going to take off.

Law of attraction tells us the exact opposite. Once you conceive a dream, trust that it will come true one day. Start changing your attitude slowly and never stop progress. If you have started running for getting selected in the national level games, change your eating and drinking habits just like the professional players.

This creates a sense of responsibility and makes sure that you stay on the right track.

Benjamin Disraeli said:

“Nurture your mind with great thoughts, for you will never go any higher than you think.”

#### **5. YOU WANT A THING? FOCUS ON IT!**

Accomplishing a task requires blood, sweat, and tears. If you think you can achieve BIG without hard work, you are missing out. Just like we must study all night to pass a school exam, life demands the same passion.

You are in a bitter state now but will not always be here. This is the golden rule which the law of attraction emphasizes, if you follow it, the options for you are endless.

Breaking the shell which confines you in the “can’t do” attitude is the first step towards a bright future. After surpassing it, your mind becomes focused, and you put all your physical and mental energy in achieving it.

Assume you want to earn double than you do now. If you think that the inflation in the country will not let you reach your target, remember that you get what you imagine.

If you start saving and find more ways for side-income, the monetary benefits will come alongside. More importantly, you will have control over your income and expenses, which is the critical factor for attaining financial abundance.

## **6. USE VISUALIZATION TECHNIQUES**

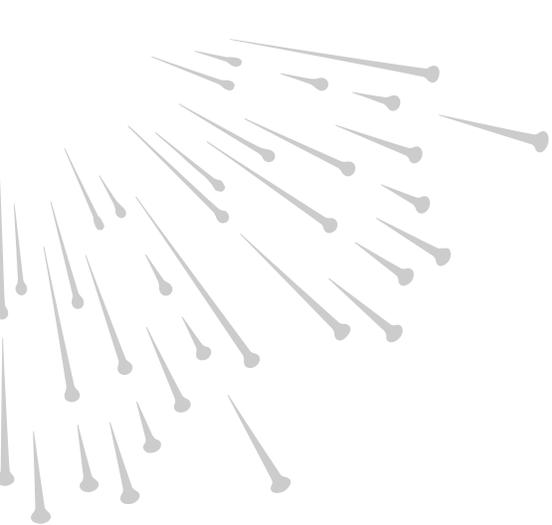
Visualization techniques are always beneficial when you start trusting the law of attraction. It is as simple as watching a video on the 3d projector; the only difference is that you don’t see but imagine the scenarios.

Michael Lousier says:

“I attract to my life whatever I give my attention, energy, and focus to, whether positive or negative.”

Let’s say you are a passionate singer who wants to perform in front of a huge crowd; it will take time. But, if you start visualizing yourself on that stage and hear the crowd chanting for you, your dream will get a new boost. This visualization is one of the most important techniques which all law of attraction practitioners follows.

They imagine their dreams turning into reality and work even harder to go make it happen.



## WHAT CAN YOU GAIN FROM THE LAW OF ATTRACTION?

**T**HE POWER OF THE law of attraction should never be under-estimated. You can apply it in all fields of life. From relationships to work progress, you can attain stability in each area.

Here are a few areas of life you can apply the law of attraction in:

### **LOVE**

Who doesn't like being loved? Some of us are introverts while others are extroverts, but we all crave for love.

However, you must have observed that a few people are more loved and admired than the rest. Like I have a cousin who is the apple of everyone's eye. She holds such positive energy and bright smile that no one cannot resist talking to her.

This is what the law of attraction does. If you are internally happy and pose a positive attitude, people are attracted to you. To find the love-for-your-life, be positive. Spread positivity; it will eventually help you in finding your soul mate.

## **WEALTH**

Being financially independent is everybody's dream. Some people are born with a silver spoon in their mouth and don't have to worry much. But for those who struggle to uplift their financial status, having a strong belief in the law of attraction is helpful.

Assume you want to save money but cannot do it, should you give up? No! The law of attraction says the opposite. It says; start by planning, have confidence that you can do it, and then find ways to land some side gigs. Additionally, if you are happy with whatever you earn, your blessings start increasing. You begin counting positives more than the negatives.

## **MENTAL PEACE**

Having relationships, wealth, and physical fitness is not enough unless you attain a peaceful mental state. Problems are unavoidable, but always being under their influence is. Once a storm hits us, we become pessimistic, and our negativity bounces back to us.

However, according to the law of attraction, if a thing is meant for you, it will come back. Sooner or later, but it will. Have faith and be patient.

Gaining a stable mental state is crucial for our progress in life. If we are double minded between what is wrong and what is right, the result is chaos

## **SELF-ESTEEM**

All our lives, we face criticism, negative comments, and belittling remarks. Peers, family, relatives, colleagues all put their two cents in disturbing our self-esteem. And a person is nothing without self-esteem. If you lose self-esteem, you are like a punching bag on which everyone vents out the frustration.

Re-gaining the lost self-confidence is one tough journey you'll have to pass. Those demons of criticism, bashing, and tantrums will only leave you if you take a step. And that step is the law of attraction.

After being mentally at peace, work on your confidence and moral level. If you often hear negative remarks, start ignoring them. Be happy about the small things you do daily. Having a little walk in the morning, conversation with a friend and playing with your pet are some activities which you should be happy about.

With time, you'll see that the people who used to speak ill about you have become silent. And eventually, they'll turn into your favor.

## **DREAMS**

The biggest hindrance which stops us from pursuing our goals is the narrow mind-set. We are always told that certain things are prohibited, unachievable, or wrong. But dreams don't see any boundaries; we see dreams, and we should throw away all the odds which hinder our way.

That's all the law of attraction asks for. Focus on good things, think positive, behave generously, dream big; life will become generous with time!

We are finally come to the end of the book, I'm sure many of you have a better understanding of the Law of Attraction. With your strong beliefs, burning desires, and emotions to drive it forward and to make the impossible, possible.

I know that many of you will be excited to get out there to try out the simple techniques of manifesting using the Law of Attraction. I wish you much, love, happiness and abundance.

# ABOUT THE AUTHOR



**S**ONA SUNNI TAKES YOU on her Law of Attraction Journey where she was homeless and could not manifest a thing to flourishing in her life. She guides you through smashing blocks and teaches you to how to consciously manifest and shows you real proof from her own life. Sona started her career in real estate over 20 years ago. She started as a loan assistant and worked her way up to a Loan Officer, but she still was not satisfied with the work and her accomplishments. She decided to work in multifamily housing where she became a relocation specialist in Atlanta, GA. Being in high demand, she was sought after by many property management companies for her sales ability. She went on to working with various companies leasing up new communities around the Atlanta area. She took some time off and studied in the beauty industry and became the owner/ medical aesthetician of a Mobile Spa business. She has been recognized in several media outlets such as Daily Candy and the Examiner. CBS Paramount sought her out due to an Italian facial treatment called 'The Iron Mask' for the Doctor's TV Show. She assisted with the segment 'Extreme Ways to look good and Feel Great'. Beauty is her passion! She has worked with over 60 skincare brands and makeup brands. She was always on the go seeking out the latest and greatest.

She relocated to Los Angeles due to her son having Crohn's Disease. She brought her business to Los Angeles and still had a location in Atlanta GA. Her son got even more ill and she decided to close business to look after her son. She ventured out in property management once again and sought education in Real Estate Law Division of Los Angeles Superior Courts as a paid intern. She worked on a contract basis for many property management firms in the Los Angeles and Orange County Areas. Her extreme knowledge of real estate makes her a sought-after Realtor in the Orange County Area. Now a successful manifestation mindset coach and wealth specialist and realtor. Over 200 videos on You Tube and 6 figure coach to 100's of people around the world.